

MAIN SYMPOSIUM

DAY 1

18 September 2027 (Saturday)

Hospital Universiti Malaysia Sabah (HUMS), UMS

TIME	PROGRAMME	
07:30 - 08:30	Registration	
	1st Day Symposium (2nd Day Event)	
08:30 - 08:50	Plenary I: An Overview of Sexual function and dysfunction in Clinical Sexology Associate Professor Dariusz Piotr Skowronski, Psychologist and Clinical Sexologist, Temple University Japan Campus, Setagaya-Ku, Tokyo, Japan.	Dr. Gina Anindyajati, Psychiatrist, Angsamerah Menteng Clinic, Jakarta, Indonesia
08:50 - 09:10	Plenary 2: Beyond the Bedroom: Seeing Sexual Problems Through a Systemic Lens Associate Professor Dr. Ruziana Masiran, Consultant Psychiatrist, Universiti Putra Malaysia (UPM)	Dr. Gina Anindyajati, Psychiatrist, Angsamerah Menteng Clinic, Jakarta, Indonesia
09:10 - 09:30	Plenary 3: Mental health, personality disorders, and sexuality Associate Professor Dr Nicholas Phang, Psychiatrist, Universiti Malaysia Sabah	Dr. Gina Anindyajati, Psychiatrist, Angsamerah Menteng Clinic, Jakarta, Indonesia
09:30 - 09:45	Tea break	
09:45 - 10:05	Scientific session:	Free paper presentation: Bilik UMS
	Sexual pain during intimacy: The role of cognitive behavioral therapy Professor Dr. Firdaus Mukhtar, Consultant Psychologist, Universiti Putra Malaysia (UPM), Serdang, Selangor Moderator: Dr Khadijah Hasanah Abang Abdullah	Free Paper presentation: Oral free paper: 8 minutes for each participant
10:05 - 10:25	The psychological approach for a multi-dimensional perspective of sexual difficulties: Female Sexual Dysfunction Associate Professor Dr. Nora Mat Zin, Consultant Psychiatrist, International Islamic University of Malaysia (IIUM) Moderator: Dr Khadijah Hasanah Abang Abdullah	Oral free paper: 8 minutes for each participant
10:25 - 10:45	Premature ejaculation (PE): What have we learned and what can we offer? Professor Dr. Shaiful Bahari Ismail, Senior Consultant Family Physician, Medical Campus, Universiti Sains Malaysia, Kubang Kerian, Kota Bharu, Kelantan. Moderator: Dr. Khadijah Hasanah Abang Abdullah	Oral free paper: 8 minutes for each participant

TIME	PROGRAMME	
10:45 - 11:05	Female Perspective on the Management of Erectile Dysfunction: The Role of Sexual Performance Anxiety Dr. Gina Anindyajati, Consultant Psychiatrist, Angsa Merah Menteng Clinic, Jakarta, Indonesia. Moderator: Dr. Khadijah Hasanah Abang Abdullah	Oral free paper: 8 minutes for each participant
11:05 - 11:25	Relationship therapy in sexual matters: Addressing cultural and religious sensitivity and respect Dr. Alexander Lavender Tudus Jr., Senior Consultant Psychiatrist, Hospital Queen Elizabeth, Sabah. Moderator: Dr Khadijah Hasanah Abang Abdullah	Oral free paper: 8 minutes for each participant
11:25 - 12:30	Scientific session:	Free paper presentation: Bilik UMS
	Q & A Session	Oral free paper: 8 minutes for each participant
12:30 - 14:00	Lunch	
14:00 - 14:20	The management of sexual pain and vaginismus: The success story from West Bandung, Indonesia Dr. Elvine Gunawan, Psychiatrist, Hospital Limijati, Bandung, West Indonesia Moderator. Era Catur Prasetya	
14:20 - 14:40	Research in sexuality and sexual dysfunction: The challenges in statistical analysis and data interpretation Associate Professor Dr. Lin Naing, Public Health, Universiti Brunei Darussalam. Moderator. Era Catur Prasetya	Oral free paper: 8 minutes for each participant
14:40 - 15:00	Sexual pleasure beyond marriage: Infidelity, its consequences, and the possibility of rebuilding trust following affairs. Dr. Umi Adzlin Silim, Senior Consultant Liaison-Psychiatrist, Hospital Sultan Idris Shah, Serdang, Selangor, Malaysia. Moderator. Associate Professor Dr. Nora Mat Zin	Oral free paper: 8 minutes for each participant
15:00 - 15:20	Sexual dysfunction, marital discord, and narcissistic personality disorder Dr. Amiruddin Mohd. Kassim. Moderator. Era Catur Prasetya/ Associate Professor Dr. Nora Mat Zin	Oral free paper: 8 minutes for each participant

TIME	PROGRAMME	
15:20 - 15:40	Internet sex, telephone sex, pornography, and mental health Professor Dr. Elmeida Effendy, Consultant Psychiatrist and Lecturer, Universiti Sumatera Utara, Sumatera. Moderator: Dr. Nurul Azmi Mahammad Rappek (UM)	Oral free paper: 8 minutes for each participant
15:40 - 16:00	Pornographic addiction: The guidelines for treatment Dr. Firdaus Aziz, Director, Hospital Mesra Bukit Padang, Sabah Moderator: Dr. Nurul Azmi Mahammad Rappek (UM)	Oral free paper: 8 minutes for each participant
16:00 - 16:20	Medical and psychiatric treatment for pornographic addiction Professor Dr. Elmeida Effendy, Consultant Psychiatrist and Lecturer, Universiti Sumatera Utara, Sumatera. Moderator: Dr. Nurul Azmi Mahammad Rappek (UM)	Oral free paper: 8 minutes for each participant
16:20 - 16:40	Q & A Session	Oral free paper: 8 minutes for each participant
16:40 - 17:00	Evening Talk sponsored / Tea Break Presenter Moderator: Associate Professor Dr. Nicholas Pang, UMSI	Oral free paper: 8 minutes for each participant

TIME	PROGRAMME	MODERATOR
08:00 - 08:30	Venue: Dewan Auditorium, HUMS	
	Registration	
08:30 - 08:40	Welcome Remarks	Assoc. Professor Dr. Ruziana Masiran (UPM)
08:40 - 09:00	Gender and Sexuality in the 21st century Associate Professor Dariusz Piotr Skowronski, Psychologist and Clinical Sexologist, Temple University Japan Campus, Setagaya-Ku, Tokyo, Japan.	Assoc. Professor Dr. Ruziana Masiran (UPM)
09:00 - 09:20	Gender dysphoria, transgender, and mental health: Prevention and management of issues related to psychological sequelae Associate Professor Dr. Chonnakarn Jatchavala, Associate Professor of Psychiatry, Prince of Songkla University, Thailand	Assoc. Professor Dr. Ruziana Masiran (UPM)
09:20 - 09:40	Gender Sensitivity & Inclusivity: East vs. West Dr. Khadijah Abang, Psychiatrist, Universiti Sains Islam Nilai, Negeri Sembilan, Malaysia.	Assoc. Professor Dr. Ruziana Masiran (UPM)
09:40 - 10:00	Gender dysphoria, counseling, and treatment in: The Thailand Experience Associate Professor Dr. Chonnakarn Jatchavala, Associate Professor of Psychiatry, Prince of Songkla University, Thailand	Assoc. Professor Dr. Ruziana Masiran (UPM)
10:00 - 10:20	Q & A Session	Assoc. Professor Dr. Ruziana Masiran (UPM)
10:20 - 10:40	Tea Break	
10:40 - 13:00	Issues of mental health and sexuality among adolescents: Premarital sex and teen pregnancy Dr Ryna Imma Buji, Deputy Director, Hospital Mesra Bukit Padang, Kota Kinabalu, Sabah	Dr. Khadijah Hasanah Abang Abdullah
13:00 - 13:30	Unintended and unplanned pregnancy: Psychosocial and network support Prof Dr Helen Benedict Lasimbang, Senior O&G Consultant, Faculty of Medicine and Health Sciences, Universiti Malaysia Sabah	Dr. Khadijah Hasanah Abang Abdullah
13:30 - 14:00	Closing Ceremony by Pengarah/ and followed by Lunch	Dr. Khadijah Hasanah Abang Abdullah